Robin Goodspeed – Testimony Against VT S.132 Change Therapy Ban Vermont Senate Committee Hearing April 7, 2016

My name is Robin Goodspeed. I'm an Ex Homosexual, Ex Lesbian. I lived my adult life as a lesbian. I was not born homosexual. I was not "born that way." I was sexually abused at the age of 2 by a pedophile babysitter without the knowledge of my family. I came from a middle class family in the Midwest with a working father and a stay-at-home mother. I went to school and attended church. However, as a result of being sexually abused, I began a life-long battle with anger, depression, addiction, and suicide and began making choices that led to a life of homosexuality. I suffered a nervous breakdown at the age of 13. I lapsed into depression, addiction, and suicidal obsession. I needed help, but turned away from God and church, and became an atheist.

I had my first lesbian sexual experience in college after getting drunk and waking up in bed with my best female friend. In spite of my depression, alcohol addiction, and suicidal thinking, I was deeply ashamed of my first lesbian encounter. When I sought help for addiction and suicidal depression in the 1980s and 90's I was told over and over by every therapist I saw that I was born homosexual. That was a bold faced lie. The psychotherapy community was already pushing the "born homosexual" lie when there was no scientific evidence of a homosexual gene. There is still no scientific data to support a homosexual gene and there are identical twin studies that prove that homosexuality is a choice.

Back then therapists told me just to love my lesbian self and I'd be happy. I embraced that lie and lived my entire adult life as an "out" lesbian, but the anger, depression, addiction, and suicide never went away and never healed. I just learned to manage the misery better. I came to believe the "born that way" lie, but because the pain of my lesbian life never left I was finally forced to look for the truth. Back then I could not find a therapist who would be honest and help me heal from sexual abuse and recover my real self. Now there are excellent Reparative Therapists who can help children, adults, and families heal from unwanted same sex attractions and sexual abuse.

In 2007 three life changing events happened for me; the breakup of another lesbian relationship, the loss of a job, and the death of a parent. Suffering shame, guilt, and grief I began, for the first time, to honestly question whether I was "born gay" and adamantly concluded that I was NOT "born homosexual." I went back to church and finally, in 2009, God led me to witness the story of a man freed from alcoholism, drug addiction, and suicide through the power of Jesus Christ. I knew instantly that Jesus Christ could heal me of homosexuality. I asked Jesus to come into my heart and forgive me and He did. I was freed immediately from all desire to continue in the homosexual life and called to tell the truth about homosexuality. There is no scientific data or proof that there is a homosexual gene or that anyone is "born gay." Homosexuality is a choice and a behavior.

I did not choose to be sexually abused as a child, but I did choose homosexuality. I was not "born that way." I want to know why the state of Vermont wants to make the help, that I needed so badly, illegal? Why does Vermont want to condemn children, already traumatized by sexual predators, to the pain, depression, addiction, disease, and suicide that go with homosexuality? Where are the documented cases that Licensed Reparative Therapists have harmed anyone? There aren't any. Today innocent and abused children, like me, are being deceived and enslaved in homosexuality by a therapy community that refuses to tell the truth and a legal system that wants to criminalize the people trying to help.

What if, as a child, I had been able to see a Licensed Professional Therapist doing Reparative Therapy and my family and I had discovered the truth about what happened to me and were able to heal and to recover the innocent child that I was? Would you deny that choice to your children or grandchildren? Would you condemn your child or grandchild to a life of misery like mine? This is exactly what S.132 intends to do. It intends to re-victimize children who have already been sexually abused and traumatized by sexual predators and enslave them in the homosexual life until the age of 18 when the damage already done to them is harder to heal. This is cruel and inhumane punishment. All children and parents in the State of Vermont deserve the choice of help and healing. Please vote against S.132.

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